

Conference Program

Day – 1 (December 18, 2017)

Registration: 08:00 hrs onwards

Reception of guests: 08:30 hrs onwards

Guests to be seated: 09:00-09:20 hrs

Inaugural session

- **Venue:** FURC Sport Complex
- **Time:** 09:45 : 10:40 hrs
- **Recitation of Holy Quran**
- **Opening/Welcome Remarks Chief Organizer**
Brig Dr. Tanvir Akhtar, SI (M) (Retd)
Head, Psychology Department, Foundation University, Rawalpindi
- **Inaugural Address by Chief Guest**
Maj Gen Khadim Hussain, HI (M) (Retd)
Rector, Foundation University
- **Presentation of Shields to Guests.**



TEA Break
(Food Court FURC)
10:40 – 11:10 hrs

Note. Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

Day 1 (December 18, 2017)
Plenary Session: I

Venue: Seminar Hall

Time: 11:15-11:35 hrs

Role of Psychology as a Hub Science

Keynote speaker: Dr. Jaime Daiz-Granados (*Executive Director of APA's Education Directorate*)

Scientific Session 1(A): 11:40 – 13:00 hrs

Chair Prof. Dr. Najma Najam (*Professor Emeritus, University of the Punjab, Lahore*)

Co chair Dr. Iffat Rohail (*Assistant Prof., Department of Psychology, Foundation University, Rawalpindi*)

Moderator Ms. Fouzia Yaqub

Facilitators Sahar Basheer , Aqsa Kalsoom, Ayesha Mazhar

Time Allocated per Presentation: 10 minutes

Sr.No	ID.No	Title
1	01	Exploration of religious knowledge regarding permission to visit pir's in Pakistan Sana Younas, Prof. Dr. Anila Kamal <i>National Institute of Psychology QAU, Islamabad</i>
2	O8	Cartoon addiction and executive functioning in school going children Maryam Arshad, Nida Zafar, Prof. Dr. Rukhsana Kausar PhD <i>Punjab University Lahore, Lahore</i>
3	O12	Personality characteristics and machiavellianism predicting irrational beliefs among management and social sciences students Rabia Zonash , Dr. Kehkashan Arouj, Tuba Rahna <i>Islamic International University, Islamabad</i>
4	O44	Relationship of late adolescent's attachment styles with suicidal ideation and resilience Suneela Sharif, Dr. Tanvir Akhtar <i>Foundation University, Rawalpindi</i>
5	O32	Correlates of value-orientation among adolescents: role of internet addiction and demographic variables Ms. Gulnaz Pari, Dr. Humaira Jami <i>National Institute of Psychology QAU, Islamabad</i>
6	O38	Comparative study of family burden and life satisfaction among care givers of the patients with dementia and schizophrenia Shahnawaz Mushtaq, Dr. Rakesh Kumar Gaur, Dr. Shravan Kumar <i>Department of Psychiatry, Jawahar Lal Nehru Medical College Aligarh Muslim University, Aligarh, Uttar Pradesh, India</i>
7	03	Relation between Social Anxiety and Satisfaction with life among Adolescents of Karachi Zaib-Un-Nisa, Ayesha Sattar <i>University of Karachi, Karchari</i>

Lunch and Prayer Break: 13:00 – 13:55 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Video Conference Room
Day 1 (December 18, 2017)

Scientific Session 1(B): 11:40 – 13:00 hrs	
Chair	Dr. Anila Kamal (<i>Director, National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>)
Co chair	Ms. Sadia Abbasi (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Andleeb Akhtar
Facilitators	Sana Sadiq, Tayyba Shaheen, Saba Jannat.

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O2	A case study of depression in adolescent: brief psychodynamic model approach Sana Fatima, Dr. Kiran Bashir Ahmad <i>Bahria university Karachi</i>
2	O15	Stress as a predictor of aggression between heroin addicts and food addicts: a psychological perspective Ruqia Zafeer, Dr. Sadaf Ahsan <i>Foundation University, Rawalpindi</i>
3	O23	Perception of marital bond and its missing links among Pakistani married couples Amara Khalid, Rimsha Majeed , Sharmeen Kousar, Dr. Iffat Rohail , Sara Ghazal, Tasmeera <i>Foundation University, Rawalpindi</i>
4	045	Self-regulated learning among university students: role of self-determination related needs and academic locus of control Zubana Afzal
5	088	Implication of Neuro-transmission Cognitive Theory/therapy For The Treatment of cerebral palsy Dr. Shahbaz Khalid Rangha, Madeeha Nisar <i>Consultant Psychologist/Speech and language pathologist</i> <i>Msc.psych,P.G,DSLIT,DHMS,CCCR</i> <i>Family Health Hospital Islamabad</i> <i>Director(SP,Ed)GSE,Islamabad</i>
6	O75	Bullying and cyberbullying in Thailand: coping strategies and relation to age, gender, religion and victim status RuthaychonneeSittichai, Peter K Smith Faculty of Humanities and Social Sciences Research Center for Educational Innovations and Teaching and Learning Excellence, <i>Prince of Songkla University, Pattani, 94000 Thailand</i> <i>Goldsmiths, University of London, U.K.</i>
7	066	Impact of media exposure to terrorism on adolescents mental health in reference to terrorist attack on army public school, Peshawar SanamYounis , Dr. Humaira Jami <i>National Institute of Psychology QAU, Islamabad</i>

Lunch and Prayer Break: 13:00 – 13:55 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at
Allama Iqbal Block throughout the day.

Room 1
Day 1 (December 18, 2017)

Scientific Session 1(C): 11:40 – 13:00 hrs	
Chair	Dr. Uzma Masroor (<i>Head, Department of Psychology, Bahria University, Islamabad</i>)
Co chair	Ms. Rahat Waseem (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Aaliya Bibi
Facilitators	Adil Ali, Shanzay Rafique, Amsha Ilyas

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O84	Relationship between depression and psychological well-being among cardiac patients: a comparative study Shazia Yusuf , Dr. Rubina Hanif <i>National Institute of Psychology QAU, Islamabad</i>
2	O74	Racial identifications and preferences among children; an experimental study Sidra Shoaib, UzmaShaheen , RabiaTauheed ,Bakhtawer , AmnaNasreen, KiranJabeen <i>Bahria University Karachi</i>
3	O50	Impact of mindfulness and self-regulation on subjective well-being among university students Dr. Mussarat Jabeen Khan, Anum Gull, Sundas Naq Anum Bashir <i>Islamic International University, Islamabad</i>
4	O14	Body image dissatisfaction as a predictor of emotional distress and life satisfaction: study of proposal disapproval among females Uzma Mumtaz, Soulat khan <i>Foundation University, Rawalpindi</i>
5	O26	Maternal attachment, gender role attitude, body image among young adults Amna Zain, Dr. Irum Naqvi <i>National Institute of Psychology QAU, Islamabad</i>
6	O81	Birth order as predictor of sensation seeking behaviours among Pakistani adolescents. Dr. Sobia Masood, Saleha Bibi <i>Fatima Jinnah Women University Rawalpindi.</i>
7	O39	A review of ASD case studies: a preliminary exploration of symptoms and differential diagnosis AmnaRiaz, Azher Hameed Qamar <i>University of Management Technology, Lahore</i>

Lunch and Prayer Break: 13:00 – 13:55 hrs
Food Court FURC
*Posters and stalls will be displayed in Main Building
at Allama Iqbal Block throughout the day.*

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 2
Day 1 (December 18, 2017)
Key Note Address: 1115-1135 hrs

Scientific Session 1 (D): 11:40 – 13:00 hrs	
Chair	Dr. Rubina Hanif(<i>Department of Psychology, National Institute of Psychology QAU University, Islamabad</i>)
Co chair	Ms. Hafsa Toor(<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms.Hena Shahid
Facilitators	M. Naeem , Hafsa Izhar, Khola Abbasi

Time Allocated per Presentation:10 Minutes

Sr.no	ID.No	Title
1	O17	A girl in the river: challenging the nasty traditions Mahwish Rabia, Misbah Shahzadi <i>Fatima Jinnah Women University Rawalpindi</i>
2	O80	Mediating role of social support on the level of subjective wellbeing among breast cancer patients Mehak Hamid , Dr. Khalid Mehmood Bhatti <i>Government College University Faisalabad</i>
3	O19	The moderating role of health and resilience in relationship between intimate partner abuse and psychological problems amongst Pakistani married couples Saaleka Javed Durrani, Muhammad Aqeel <i>Foundation University Rawalpindi</i>
4	O21	Role of problem solving in childhood behavioural problems Maimoona Zahid <i>National University of science and Technology Islamabad</i>
5	O28	Role of positive and negative affective states in relationship between relational aggression and self-esteem among female school teachers Attia Sammar, Saba ZerNaz Hafsa <i>Preston University, Islamabad Campus</i>
6	O35	Sense of coherence as predictor of positive psychological outcomes among adults Sajid Mehmood Alvi, Sehrish Bibi, Mehwish Zaman, Tahira jabeen <i>University of Haripur</i>
7	O46	Dark triad personality traits as predictors of psychological maladjustment among professionals Saba Rashid , Shazia Habib <i>GC Faisalabad</i>

Lunch and Prayer Break: 13:00 – 13:55 hrs
Food Court FURC
*Posters and stalls will be displayed in Main Building
at Allama Iqbal Block throughout the day.*

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 3
Day 1 (December 18, 2017)

Scientific Session 1 (E): 11:40 – 13:00 hrs

Chair:	Dr. Tahir Khalily(<i>Head, Psychology Department, Islamic International University, Islamabad</i>)
Co-Chair:	Ms. Sadaf Zaheer (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator:	Ms. Hadia Ghaffar
Facilitators:	M. Nasir, Usama Mustafa, Shiza Sarwar.

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.NO	Title
1	O10	The mediating role of emotional empathy between personality traits and coping strategies across orphan students and non-orphan students Rafia Komal, Muhammad Aqeel , Dr. Tanvir Akhtar, Rimsha Majeed <i>Foundation University Rawalpindi</i>
2	O11	Stress appraisal, life satisfaction and coping strategies among care givers of cancer, cardiac and kidney patients! A comparative analysis ShamsaRiaz, Dr.Abdur Rashid <i>Foundation University Rawalpindi</i>
3	O13	Moderating role of internalization on impacts of media images on students Mrs. Maria Abubakkar, Prof. Dr. Anila Kamal <i>National Institute of Psychology QAU, Islamabad</i>
4	048	A scientific study of religion as catalyst to bring in positive change in human behavior Prof. Dr. Naveed Shibli, Prof. Dr. Mudassir Ahmad, Prof. Anwar ul Haq, Prof. Dr. Hafiz Muhammad Hamidullah, Ms. Noshaba Anjum, Dr. Alia Asmat, Muhammad Adeeb <i>Riphah International University, Faisalabad</i>
5	O18	Impact of emotional intelligence and work family enrichment on psychological distress among mental health professionals Munsif Komal, Iftekhhar <i>Preston University, Islamabad Campus</i>
6	O20	Relationship between implicit theories and forgiveness during legal decision making among law students Maryam Khan , Prof. Dr. Anila Kamal <i>National Institute of Psychology QAU, Islamabad</i>
7	022	Role of media in perception of islamophobia among university students Nayab khan, Saba ZerNaz Hafsa <i>Preston University, Islamabad.</i>

Lunch and Prayer Break: 13:00 – 13:55 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Seminar Hall
Day 1 (December 18, 2017)

Scientific Session 2 (A): 14:00 – 15:20 hrs

Chair:	Prof. Dr. Ruhi Khalid (<i>Director, Institute of Psychology, Beaconhouse National University, Lahore</i>)
Co chair:	Ms. Saima Ehsan (<i>Assistant Prof., Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Samreen Khurshid
Facilitators:	Komal Kiyani, Rabia Umer, Iqra Saleem, Badar Jamala

Time Allocated per Presentation:10 Minutes

Sr.No	ID.No	Title
1	O25	Faith development process of transgender; a qualitative inquiry. Zarnosh Nawaz <i>National Institute of Psychology QAU, Islamabad</i>
2	054	Body image, eating attitudes and self-concept among adolescent girls Nabeela Mumtaz, Dr. Sadia Malik <i>University of Sargodha, Sargodha</i>
3	O31	How ethnic identity play in the relationship of acculturation and well-being Rabia Tariq, Asma Anwar , Muhammad Saeed, Dr. Rabia Farooqi <i>University of Management and Technology, Lahore</i>
4	O29	Impulsive buying: a psychological science Moderating role of online visual merchandising in relationship between e-loyalty and online impulsive buying among online customers Ammara Nasim, Arooj Mujeeb <i>National Institute of Psychology QAU, Islamabad</i>
5	O5	Problem focused and positive coping: a comparison of cannabis users and non-users FarhanaKiani, Dr. Sadaf Ahsan <i>Foundation University Rawalpindi</i>
6	O36	Body image emotional regulation, and social ostracism among obese adolescents Amna Ahmad, Sara Asad <i>Kinnaird College for Women, Lahore</i>
7	09	A Model of identity formation of transgender-hijras Sadaf Rehman, Dr. Mudassar Aziz, Dr. Gulnaz Anjum <i>National Institute of Psychology QAU, Islamabad</i>

TEA Break: 1520-1600 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Video Conference Room
Day 1 (December 18, 2017)

Scientific Session 2 (B): 14:00 – 15:20 hrs

Chair	Dr. Peter Smith (<i>Emeritus Professor of Psychology, Unit for School and Family Studies, Goldsmiths, University of London, UK</i>)
Co chair	Dr. Shoaib Kiyani (<i>Chief Psychologist, Armed Forces of Pakistan</i>)
Moderator	Ms. Hajrah Aman Ullah (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Facilitators	Maryam Habib, Aleena Ahsan, Khudeeja Haseeb, Anum Qizilbash, M. Omer, Asma Naz

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O51	Teaching styles as moderator between metacognitive awareness and study habits among male and female university students Dr. Mussarat Jabeen Khan, Seemab Rasheed <i>Islamic International University, Islamabad</i>
2	O65	Personality traits and autonomy as predictors of Facebook usage and number of Facebook friends Sobia basher , Dr. Jamil A. Malik <i>National Institute of Psychology QAU, Islamabad</i>
3	O4	The moderating role of perceived social support in the relation between behavior control and attitude towards drugs and drug abusive behavior in Pakistani adults Rabia Malik, Muhammad Aqeel, Dr. Tanveer Akhtar <i>Foundation University Rawalpindi</i>
4	O70	Emotional distress, resilience and quality of life among infertile women Noreen Akbar, Aisha Zubair <i>National Institute of Psychology QAU, Islamabad</i>
5	098	Ghizer Combat Veterans with Military Related Post-traumatic stress Disorder: association with current Mental Issues Atiqa Bano, Rabia Hussain Kanwal <i>Karakoram International University, Gilgit, Gilgit-Baltistan,</i>
6	030	Fostering gratitude in underprivileged female orphans using religious storytelling in group process Hafsa Khalid Ali, TahiraYousaf

TEA Break: 1520-1600 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 1
Day 1 (December 18, 2017)

Scientific Session 2 (C): 14:00 – 15:20 hrs

Chair	Dr. Anis ul Haq (<i>National Institute of Psychology, QAU, Islamabad</i>)
Co chair	Mr. M. Aqeel (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Naila Aslam
Facilitators	Sana Khan, Rimsha Sarfaraz, Ammar Ahmed, Muhammad Sohail

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O56	Impact of functional capacity on depression in stroke patients Rehana Rafiq Khan, Urwah Ali <i>Foundation University Rawalpindi</i>
2	O62	Teaching functional skills to intellectually disabled adolescents through task analysis Sonia Aftab, Dr. Shazia Ashraf, Dr. Firoza Ahmed <i>Preston University Islamabad Campus</i>
3	O49	Relationship between personality traits and conflict management styles among bankers of Islamabad Dr. Mussarat Jabeen Khan <i>Islamic International University, Islamabad</i>
4	O24	Identification of emotional and social difficulties among Pakistani adolescents Khadija Hussain, Dr. Iffat Rohail, Sara Ghazal <i>Foundation University Rawalpindi</i>
5	O63	Internalization of beauty ideals and appearance anxiety among women: role of dressing Farwa Batool, Dr. Humaira Jami, Sana Younus <i>National Institute of Psychology QAU, Islamabad</i>
6	O58	Cognitive failures in pharmaceutical companies employees: role of mental toughness, fatigue, and demographics Arooj Mujeeb, Dr. Anis-ul-Haque <i>National Institute of Psychology QAU, Islamabad</i>



TEA Break: 1520-1600 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 2
Day 1 (December 18, 2017)

Scientific Session 2 (D): 14:00 – 15:20 hrs

Chair	Dr. Farah Malik (<i>Institute of Applied Psychology, University of the Punjab, Lahore</i>)
Co chair	Ms. Haseeba Shoukat (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Rehana Batool Naizi
Facilitators	Maria Khalil, Sahiba Sharif, Saba Khurshid

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O72	Predicting marital adjustment from emotional intelligence and multitasking ability of working married men and women Saima Kalsoom, Anila Kamal <i>National Institute of Psychology QAU, Islamabad</i>
2	O7	The moderating role of gender between coping strategies and development of stress, anxiety and depression Rabia Latif, Muhammad Aqeel, Dr. Tanvir Akhtar, Anosha Riaz <i>Foundation University, Rawalpindi</i>
3	O100	Attitude toward afghan refugees: role of social identity in terror management perspective Iqra Tariq, Dr. Humaira Jami <i>National Institute of Psychology QAU, Islamabad</i>
4	O6	Teaching effectiveness; exploring the role of personal variables Sidra Shoaib, Dr. Rubina Hanif <i>National Institute of Psychology QAU, Islamabad</i>
5	O27	Depression and burnout among medical professionals: perceived social support as protective factor Mariam Ghazal, Saba ZerNaz Hafsa <i>Preston University, Islamabad Campus</i>
6	O43	Relationship of grief experience with religiosity and spirituality Muhammad Usman Zafar, Muhammad Yasin Khan, Anum Shehzad <i>Foundation University, Rawalpindi</i>

TEA Break: 1520-1600 hrs

Food Court FURC

*Posters and stalls will be displayed in Main Building at
Allama Iqbal Block throughout the day.*

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 3
Day 1 (December 18, 2017)

Scientific Session 2 (E): 14:00 – 15:20 hrs

Chair	Dr. Mah Nazir Raiz (<i>Former Dean, Shaheed Benazir Bhutto University, Peshawar</i>)
Co chair	Ms. Urwah Ali (<i>Assistant Prof., Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Sadia Mushtaq
Facilitators	Yusra Mushtaq, Maria Arshad, Tayyaba Nawaz

Time Allocated per Presentation:10 Minutes

Sr.No	ID.No	Title
1	O33	Satisfaction with medication, TB level of information, intentions to take and medication adherence in patients with pulmonary tuberculosis Sana Nisar, Rukhsana Kausar, <i>Punjab University, Lahore</i>
2	O37	A girl on trial: case study of different sexual orientation Sonia Mukhtar , Sara Subhan <i>University of Management and Technology, Lahore</i>
3	O40	Motivational and self-regulated learning as a determinant of decision making competencies among university students Dr. Nazia Iqbal , Attiya Mumtaz <i>Islamic International University, Islamabad</i>
5	O55	Rate of body dysmorphic tendencies among client seeking beauty treatments Sana Shafique , Dr. Iffat Rohail <i>Foundation University, Rawalpindi</i>
6	O60	The mediating role of coping strategies between childhood trauma and conversion disorder in Pakistani patients Bushra Akhtar Malik, Ammar Ahmad , Dr. Iffat Rohail <i>Foundation University, Rawalpindi</i>
7	059	Role of career indecision, vocational identity and career barriers in retrospection on mental health of professionals Maryam Munawar, Dr. Iffat Rohail <i>Foundation University, Rawalpindi</i>

TEA Break: 1520-1600 hrs
Food Court FURC
*Posters and stalls will be displayed in Main Building at
Allama Iqbal Block throughout the day.*

Room 5
Day 1 (December 18, 2017)
Workshop 1
Time : 11:40 Onwards

Understanding and Management of Psychological issues in children

Resource Person

Faiza Inam

Organizer

Dr.Iffat Rohail

Facilitator

Sara Ghazal
Muhammad Nasir
Fahad Qasim



TEA Break: 1520-1600 hrs
Food Court FURC

*Posters and stalls will be displayed in Main Building at
Allama Iqbal Block throughout the day.*

Seminar Hall
Day 2 (December 19, 2017)
Key Note Address: 09:00-09:45 hrs

Anti- bullying interventions in different cultures

Keynote speaker: Dr. Peter K. Smith (*Emeritus Professor of Psychology , Unit for School & Family Studies, Goldsmiths, University of London, UK*)

Scientific Session 3 (A): 10:00 – 11:20 hrs	
Chair	Prof. Dr. Rukhsana Kausar (<i>Head, Department of Psychology, University of the Punjab, Lahore</i>)
Co Chair	Ms. Soulat (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Zubaida Shaheen
Facilitators	Uzma Mumtaz, Rabia Tahir Qazi, Urooj Tara

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O83	Exploring mediating role of psychological capital in relationship of emotions and work engagement among small business entrepreneurs Saadiya Abbasi, Dr. Anila Kamal <i>National Institute of Psychology, QAU, Islamabad</i>
2	O47	Academic procrastination and academic achievement of university students: mediating role of self-esteem Muhammad Adeeb, Dr. Muhammad Saleem, Dr. Naveed Shibli Muhammad, Waseem Tufail <i>Riphah International University Faisalabad, The Islamia University of Bahawalpur, University Pendidikan Sultan Idris Kuala Lumpur, Perak, Malaysia</i>
3	O57	Prostitution in Pakistan: living experiences of male and female prostitutes Ghalia Arfan (Presenter), Kanwal Shoukat, Dr. Rabia Farooqi <i>University of Management, Lahore</i>
4	O97	Relationship between Assertiveness and Mental Well Being among University Students of Different Countries Mashiat Zahra kazmi, Dr. Sadaf Ahsan <i>Foundation University, Rawalpindi</i>
5	O95	Perceived Parental Acceptance and Rejection, Personality Traits and Self-Compassion among Adolescents Fatima Nadeem, Dr. Ruhi Khalid, Dr. Farhat Jamil <i>Beaconhouse National University, Lahore</i>
6	0101	Role of Gender and Body Mass Index in Establishing Negative Eating Attitude and Body Image among Adolescents Irum Naqvi, Anila Kamal <i>National Institute of Psychology, QAU, Islamabad</i>
7	O16	People say sorry, but not feel sorry Zaib – Un – Nisa, Dr. Amena Zehra Ali <i>University of Karachi, Karachi</i>

TEA Break: 11:20 – 11:55 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Video Conference Room
Day 2 (December 19, 2017)

Scientific Session 3 (B): 10:00 – 11:20 hrs	
Chair	Dr. Jaime Diaz- Granados
Co Chair	Dr. Tanvir Akhtar (<i>Head, Psychology Department, Foundation University, Rawalpindi</i>)
Moderator	Ms. Saiyida Tasmeeera
Facilitators	Iqra Ashraf, Saba Manzoor, Anum Qasim

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O52	The moderating role of gender between love styles and development of stress, anxiety and depression among adults university students. Muhammad Naeem, Anum Shahzad, Muhammad Aqeel, Iqra Ashraf, Muhammad Yasin Khan <i>Foundation University, Rawalpindi</i>
2	O61	The impact of resilience and social support on the mental health of residents along the line of control (loc) Irum Munsif, Dr. Shazia Ahraf , Sana Kyian <i>Preston University, Islamabad Campus</i>
3	O53	Interpersonal influence and compulsive buying behavior among adults: impulsivity as moderator Mamoona Khan, Dr. Sadia Malik <i>University of Sargodha, Sargodha</i>
4	O99	Cognitive Appraisals of Perceived Interparental Conflict: Understanding Adolescent Behaviour Problems Sana Bukhari , Dr. Sobia Masood <i>National Institute of Psychology, QAU, Islamabad</i>
5	O73	Quality of life, and psychological well-being in older adults M. Sulman, Dr. Afsheen Masood, Dr. Sumaira Rashid, Dr. ShahzadaQaiser <i>University of Central Punjab, Lahore</i>
6	076	Self-compassion, physical health and psychological well-being among young adults Umamah Ashraf Malik, Dr. Syeda Razia Bukhari
7	0102	Free Will Beliefs determining Meaning in Life through General Belongingness in Late Adulthood Rizwana Amin, Khizra Iqbal, Fatima Siddiqui <i>Bahauddin Zakariya University, Multan</i>

TEA Break: 1120 – 1155 hrs
Food Court FURC
*Posters and stalls will be displayed in Main Building at
Allama Iqbal Block throughout the day.*

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 1
Day 2 (December 19, 2017)

Scientific Session 3 (C): 10:00 – 11:20 hrs	
Chair	Dr. Nighat Gillani
Co Chair	Dr. Sadaf Ahsan (<i>Assistant Prof., Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Syeda Huma Iftikhar
Facilitators	Mashiat Zahra, Gulyana Shehzad, Ruqia Zafeer

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O77	Impact of specific big-five factors on body dysmorphic features among male and female students of Islamabad and Rawalpindi Rabia Zonash, Dr. Kehkashan Arouj <i>Foundation University, Rawalpindi</i> <i>International Islamic University, Islamabad</i>
2	O91	The Relationship between Cultural Conservatism, Egalitarianism and Cynicism among Pakistani Young Adults Sheza Naeem, Farhat Jamil, Ruhi Khalid <i>Beaconhouse National University, Lahore</i>
3	O79	Role of secure attachment and positive communication patterns in improving the quality of marital relationships Naseem Fatima, Dr. Sobia Masood <i>National Institute of Psychology, QAU, Islamabad</i>
4	O82	Intolerance of uncertainty: relationship with self efficacy and strengths use and knowledge Maryum Firdous, Shiza Hussain <i>University of Karachi, Pakistan</i>
5	O90	Care giving for Alzheimer’s Patients: Identification of caregiver and Factors Facilitating/ Hampering Caregiver’s Wellbeing Sabah Mubarak, Ruhi Kahlid <i>Beaconhouse National University, Lahore</i>
6	087	Level of shyness, social anxiety and self esteem among adolescents Muhammad Junaid, Asma Riaz <i>Government College University Faisalabad</i>

TEA Break: 11:20 – 11:55 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 2
Day 2 (December 19, 2017)

Scientific Session 3 (D): 10:00 – 11:20 hrs

Chair	Dr. Anila Maqsood (<i>Head, Department of Psychology, Fatima Jinnah Women University, Rawalpindi</i>)
Co Chair	Ms. Anum Shahzad (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Farhana Sajjad Kiani
Facilitators	Ruhma Shahid, Syeda Fatima Haider, M. Yasin Khan

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O85	Stigmatization and loneliness among substance use disorders Saleem Abbas <i>Institute of Clinical Psychology, University of Karachi</i>
2	O86	Parenting styles as a predictor of social anxiety and academic achievements of university students of Rawalpindi and Islamabad Samreen Khurshid, Dr. Nasreen
3	O68	A feasibility study for choosing the best intervention for school going children: a case study for a primary schools in Islamabad, Pakistan Raiha Aftab, Dr. Nelofar Kiran Rauf <i>National Institute of Psychology, QAU, Islamabad</i>
4	094	Islamic Practice of Istikhara and Dreaming: A Psychological Perspective Hira Shahid <i>Beaconhouse National University, Lahore</i>
5	O78	The impact of parental attachment and escape motives in development of problematic internet use in Pakistani university students Yusra Afraz, Dr. Sobia Masood <i>National Institute of Psychology, QAU, Islamabad</i>
6	069	Role of positive work environment and burnout in patient safety practices among nurses Sana Ahmad , Aisha Zubair <i>National Institute of Psychology, QAU, Islamabad</i>

TEA Break: 11:20 – 11:55 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

1st International Conference on
Emerging Trends in Psychology
Preparing for 21st century
(18 – 19 December, 2017)

Room 3
Day 2 (December 19, 2017)

Scientific Session 3 (E): 10:00 – 11:20 hrs

Chair	Prof. Dr. Sarah Shahed (<i>Director WILL / Head, Department of Gender and Development Studies, Lahore College for Women University, Lahore</i>)
Co Chair	Ms. Bushra Mussawar (<i>Lecturer, Department of Psychology, Foundation University, Rawalpindi</i>)
Moderator	Ms. Noreen Arshad
Facilitators	Hafsa Maria, Adeela Khurshid, Kashaf Khalid

Time Allocated per Presentation: 10 Minutes

Sr.No	ID.No	Title
1	O64	Relationship between self-compassion, rumination and depression among geriatrics living in old-homes Misbah Ilyas, Naeem Aslam <i>National Institute of Psychology, QAU, Islamabad</i>
2	O96	Relationship between job incivility and counterproductive work behaviour, among work employees Role of work family conflict Iqra Zahoor, Dr. Najma Malik <i>University of Sargodha, Sargodha</i>
3	O93	Empathy and Attitude towards Violence in Children playing Violent Video Game Zasheer Aman, Dr. Ruhi Khalid <i>Beaconhouse National University, Lahore</i>
4	O89	Relationship between Care-giving Stress and Quality of Life of Caregivers: Moderating Role of Social Support and Emotion Regulation Difficulties Neelam Bibi, Jamil A. Malik <i>National Institute of Psychology, QAU, Islamabad</i>
5	O92	Conflict management Styles and Emotional Intelligence of Managers SobiaIkram, Dr. Ruhi Khalid <i>Beaconhouse National University, Lahore</i>
6	071	Does gender moderate the relationship between ambivalent sexism and attitudes towards domestic violence? Humma Channa, Sobia Masood, Mustanir Ahmad <i>National Institute of Psychology, QAU, Islamabad</i> ¹ <i>Hazara University, Mansehra</i> ²

TEA Break: 11:20 – 11:55 hrs
Food Court FURC
Posters and stalls will be displayed in Main Building at Allama Iqbal Block throughout the day.

Day 2 (December 19, 2017)

Panel Discussion

Venue: Seminar Hall

Time: 12:00 – 13:00 hrs

Moderator: Dr. Farida Rafai

Facilitators: M. Naeem, Iqra Ashraf, M. Omer Shehzad, Anum Qizilbash, Marriam Habib, Aleena Ahsan, Khola Abbasi, M. Nasir

Theme: Psychosocial Strategies to Counter Terrorism in Pakistan in 21st Century

Panel List

- 1 Dr. Tahir Rehman (Educationist) (NIPS, QAU)
- 2 Dr. Saeed Ul Hassan Chisti (Islamic University)
- 3 Matiullah Jan (Journalist) (Islamabad)
- 4 Brig. Rashid Qayyum (psychiatrist) (AFIMH)
- 5 Prof. Ahmad Rafique (Religious Scholar) (Gujar Khan)
- 6 AVM Shahid Latif (Analyst) (Islamabad)
- 7 Fauzia Saeed (Executive Director) (Lok Virsa)
- 8 Sundus Ahmad (Senior Research Associate) (Centre for Pakistan and Gulf Studies)
- 9 Gen. Aijaz Awan

FURC Sport Complex
Day 2 (December 19, 2017)
Closing Ceremony: 13:00 – 14:00 hrs

Concluding Remarks by Director FURC

Note of Thanks by: HoD, Department of Psychology

Presenting Shields

Poster Presentation

Judge for Poster Presentation Competition

- **Dr. Humaria Jami :** (Assistant Prof., National Institute of Psychology, QAU, Islamabad)
- **Dr. Sobia Maqsood** (National Institute of Psychology, Quaid-i-Azam University, Islamabad)
- **Dr. Syeda Shahida Batool** (Head, Department of Psychology, Government College University, Lahore)
- **Dr. Jamil A. Malik** (Assistant Prof., National Institute of Psychology, Quaid-i-Azam University, Islamabad)
- **Dr. Mumtaz Jaffery**
- **Dr. Shazia Khalid** (HoD, Psychology Department, Preston University, Islamabad.)

Lunch :14:00 – 14:30 hrs
Departure of Guests/Rooms: 14:35 hrs

FURC Sport Complex Day 2 (December 19, 2017) Gala Dinner: 1800 hrs
Reception of Guests: 1800 – 1830 hrs Gala Dinner Program: 1830 – 2000 hrs

Food Court FURC Day 2 (December 19, 2017)
Dinner: 2000 hrs Departure: 2100 hrs



Training Workshop; Psychotherapy for childhood Abuse Survivors

By
Dr. Farida Yasmin Rifai

The one day training Workshop was aimed to introduce the participants (Clinical Psychologists and Clinical Psychology Program interns) about;

- Childhood abuse, its various forms and long term impact of traumatic experience on intrapersonal and interpersonal level.
- Psychometric assessment of client's functioning and impact of trauma and how to develop therapy goals and objectives based on findings.
- Phase oriented Psychotherapeutic approach (By Dr. Marylene Cloitre, Dr.Lisa R. Cohen, and Karetan C. Koenen) which is the blend of principles taken from traditions of Cognitive Behavior and the Attachment –Interpersonal theory. The treatment model is a hybrid of available effective treatments, organized in a progressive and hierarchical fashion, grounded in extensive clinical experience and Research.

Program	Time
• Introduction to Topic 'Childhood Abuse'.	09:30
• Psychological Impact of Abuse.	10:00
• Theory underlying the Psychotherapy for childhood abuse.	11:00
• Psychometric Assessment of the Client	11:30
• Case Study	12:30

Lunch and Prayer Break
13:00-14:00 hrs

• Overview of Psychotherapy Plan	14:00
• Session from Phase I STAIR	15:00
• Session from Phase II NST	16:00